

APEX2100 International Ski Academy Scholarship Programme

Scholarship Details

2021 Edition

Based in Tignes, France at 2100m, Apex provides talented skiers with world class Learning, Training and Performance programmes to help create future Champions:

The Offices

Apex2100
2nd Floor
47 Marylebone Lane
London, W1U 2NT
United Kingdom

The Academy

Apex2100
Rue de Rosset
73320, Tignes
France

Contact

sarah.tiernan@apex2100.org

The Apex2100 Scholarship Season will be organised as follows – please be aware that under the current circumstances dates are likely to slightly change to ensure a safe environment for all athletes.

Scholarship Conditions:

- The Scholarship will take place from November 2021 – April 2022 (*December 22nd, 2021 – January 4th, 2022, Christmas break (provisional)*)
- Accommodation in Tignes during the published programme dates
- Food: our menus designed by our own Nutritionist, Dr. Adam Carey, and prepared by our in-house team of chefs who bespoke the menu to reflect the training needs of every athlete.
- Travel around the Tarentaise valley, and to and from races.
- Lift passes in Tignes (with Carte Neige insurance) and at races. Club des Sports Tignes membership, Local French race entry fees.
- Provision of non-commercially available prototype equipment (such as sensors, coaching software, multi-sport physical programme equipment, etc.)
- Membership of the Apex2100 online Learning Platform, “The Hub”.
- During the Christmas break The Academy will stay closed and therefore Athletes will not be able to stay at the facilities.
- The official language is English therefore participants must have an adequate level of understanding and speaking.

Course:

The Athlete is obliged to attend the whole period of the scholarship. If he/she does not do so, the athlete will not be allowed to participate in future Training Camps organised by FIS or Apex2100. The dates for the scholarship would commence in November 2021 until April 2022.

Studies:

Apex will provide reasonable facilities and support in our state of the art building, to allow an athlete to continue their studies; however, Apex will not be able to provide teachers to deliver the curriculum of the host nation. Alternatively, the athlete can fully integrate into the curriculum at Apex during their stay. In addition, Apex will supply the athlete with English Tuition.

Costs:

The National Ski Association or its athlete must pay own flight/travel costs to the resort in Tignes (FRA) for the Selection days, Scholarship and personal expenditure (extras, drinks,

laundry, telephones etc.). If this will be not possible the National Ski Association must cover the costs by the official FIS NSA Account. The athlete's family will be responsible for the following costs: All travel, transfers, ski clothing and equipment, laptop (MacBook air advised), Insurance, medical bills.

Not included in the programme fees are: Flights to and from home country. Transfers to Tignes. Attendance & entry into International & National French Races outside of the Tarentaise area. Any clothing requirements: i.e. helmets, gloves, catsuits, Apex uniform, unless provided free of charge by sponsors. Ski equipment: i.e. skis, boots, poles, shin guards, pole guards, chin guards, rucksacks. Educational equipment; i.e. iPad, Medical insurance.

Timeline:

- 1st March = Deadline application for Scholarship to stefanie.gerber@fisski.com
- 15th March = 1st Decision of application to National Ski Federation
- 31st March = Finale Decision for Scholarship Candidates
- 28th April-2nd May = Selection Day in Tignes for finale candidates of the 2021/2022 scholarship
- November = Start of the official Scholarship

APEX2100 International Ski Academy Scholarship Programme – Application Process

National Ski Associations from FIS (FIS Development Members) can apply for athletes who have represented their sport (alpine skiing) at national level or regional level, or are sports performers who can demonstrate that they have the potential to compete at these levels. Application from athletes/coaches or other parties which are directly sent to FIS will not be considered. The National Ski Association as mentioned above is eligible to send an application for 1 female and 1 male athlete.

Application Deadlines:

1st March = Deadline application for Scholarship to stefanie.gerber@fisski.com
15th March = 1st Decision of application to National Ski Federation

What are the eligibility requirements:

- **Age** The Athlete must be born in either 2006 or 2007
- **Language** An ability to speak English is required, but fluency is not necessary.
- **Education** We will work with individual athletes to ensure an optimal educational plan is in place
- **Equipment** Athletes must have adequate equipment
- **Insurance** Athletes which apply must be covered with adequate medical and accident insurance

Compulsory documents to send until 1st March:

- Motivation letter for the scholarship
- Curriculum vitae
- Valid copy of passport
- Copy of insurance documents
- Details of sporting achievement in the last previous years
- Reference from a current coach about the athlete's career
- Medical attest of athlete

Please be aware that we do only accept applications with a complete application which is entered to FIS in the mentioned deadline.

APEX2100 International Ski Academy Scholarship Programme – Selection Days

The International Ski Federation together with Apex2100 will evaluate all application received by the mentioned deadline. 10 Candidates (5 male/5 female) will be invited to participate at the Apex2100 – Selection Days. During these days Athletes will learn about the Academy structures, will undergo different physical tests and will be evaluated by their current skiing skills. The Selection Days will be around 3 - 6 Days and will take place at the Academy in Tignes (FRA). A Daily Schedule will be distributed before the Selection Days. Apex2100 Coaches and a FIS Coach will then evaluate the results and decide about the award of the Scholarship.

Draft Information for the Selection Days- Apex2100 Ski Academy – Tignes (FRA)

Accommodation – The Academy

The candidates will stay at the Academy of Apex2100 in double rooms. Please be aware that in the Academy building the following rules apply:

- *No consummation of alcoholic beverages*
- *No smoking*
- *No visitors*

Apex2100 Academy

Le Rosset
73320 Tignes
France

Email: sarah.tiernan@apex2100.org
Website: <https://apex2100.org/>

Costs

The costs for full board accommodation, all sport facilities, instructors and local transport to the training sites will be covered through the FIS Development Programme and Apex2100.

The National Ski Association or its athlete must pay own flight/travel costs to the resort of the FIS Camp and personal expenditure (extras, drinks, laundry, telephones etc.)

The Candidates are obliged to attend the whole period of the selection days. If he/she does not do so, the candidate will not be allowed to participate in future scholarships organised by FIS (except in case of injury).

Equipment to bring along - all disciplines

- | | |
|--------------------------------|-------------------------------------------------------------------------|
| - Running shoes & Indoor shoes | - Protection (gloves, helmets, glasses) |
| - Drinking bottle | - Sun protection |
| - Watch, Pulsemeter | - Medical report in details (previous injuries, serious sicknesses ect. |
| - Ski Equipment (complete) | |

Insurance/ Medical Form / Travel Information

All candidates must be covered with adequate medical and accident insurance. A copy of the insurance document must be provided. Furthermore a Medical Form/Travel information sheet must be filled out provided by Apex2100.

Programme

The Apex2100 athlete's assessment period is conceived on simple and explicable criteria. This criteria is precise and the coaches of Apex2100 will oversee the technical and physical level as well as the capacity to adapt to groups dynamics and group's life. Over the 3 skiing days we are observing and detecting. During these days we observe as well the general sport skills. Coaches are present to assist the strength and conditioning coach and observe athlete's developed physical skills. Several physical tests will be done to procure precise data.

APEX2100 International Ski Academy Scholarship Programme – Decision of the Scholarship

Around 1-2 Weeks after the Selection Days FIS will inform the National Ski Associations about the decision taken by the experts of the Academy and FIS. Scholarship participants and parents can then get directly in contact with the Academy for the further process.